Knox County Service Summary -2023

Penquis provides health, human services and other support to low-income people throughout Knox, Penobscot and Piscataquis counties. During the past year, the following services were provided to residents:

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SERVICE	NUMBER SERVED	(includes leveraged VALUE funds)
Arrearage Management Program (AMP)	37 Household(s)	\$1,221
Helps eligible households who are behind on their electricity bills.		
Assisted Living	24 Individual(s)	\$658,454
Provides meals, personal care, homemaker services, help with medications and emergency response for seniors and individuals with disabilities residing at Freeses, Stearns and Merry Gardens facilities in Bangor, Millinocket and Camden.		
Assurance 16	8 Household(s)	\$31,770
Provides energy education to help LIHEAP clients reduce energy usage and manage energy bills.		
Behavioral Health Home (BHH)	1 Individual(s)	\$3,237
Provides individualized treatment plans for children and adults based on the client's personal needs.		
Brokerage	1 Individual(s)	\$77
Arranges transportation for MaineCare-covered appointments.		
Building Family Futures Case Management	3 Individual(s)	\$1,117
Provides case management to promote housing stability, family well-being and self-sufficiency for families at risk of homelessness.		
Central Heating Improvement Program	24 Household(s)	\$88,355
Repairs or replaces faulty central heating systems.		
Certified Community Behavioral Health Clinic	12 Individual(s)	\$1,779
Provides assistance to access mental health services and other community resources.		
Child and Adult Care Food Program	12 Individual(s)	\$90,156
Reimburses child care providers for nutritious meals and snacks.		
Christmas is for Kids	7 Individual(s)	\$700
Provides holiday gifts to children in need.		
Community Investors of Knox County	50 Individual(s)	\$26,369
A collaborative effort to provide tangible support that enables Knox County residents to increase stability and meet basic needs.		
CSBG Case Management	34 Individual(s)	\$28,778
Provides assistance connecting to benefits and available resources to meet individual needs.		
Domestic Violence Intervention Program (DVIP)	23 Individual(s)	\$17,260
Educates men about the dynamics of power and control and helps participants to decrease the use of violence in relationships.		
Early Head Start	16 Individual(s)	\$271,984
Provides children 6 weeks to 3 years of age and their families with early childhood development experiences and family support services. Income eligibility required.		

Penquis provides health, human services and other support to low-income people throughout Knox, Penobscot and Piscataquis counties. During the past year, the following services were provided to residents:

SERVICE	NUMBER SERVED	(includes leveraged VALUE funds)	
Emergency Rental Assistance - Covid (ERA Covid)	2,332 Individual(s)	\$2,382,236	
Provides money to help renters pay for rent, electric bills, or other expenses to help avoid homelessness.			
Emergency Support Fund	4 Individual(s)	\$1,866	
Provides one-time assistance for household expenses and/or necessities for eligible families and individuals who have experienced a financial hardship due to the COVID-19 pandemic.			
Energy Crisis Intervention Program	120 Household(s)	\$90,052	
Provides home heating assistance to income-eligible households that are in an emergency or energy crisis.			
Financial Coaching	191 Household(s)	\$17,070	
Provides one-on-one financial coaching to help clients meet their financial goals (e.g. savings, debt reduction, asset purchase, credit repair).			
Foreclosure Intervention Counseling	23 Household(s)	\$3,981	
This HUD certified counseling program assists homeowners in finding alternatives to foreclosure.			
Good Neighbor Heating Assistance	29 Household(s)	\$17,446	
Provides emergency heating fuel to households whose income is 250% of the federal poverty level or less.			
Goodwill Gift Cards	12 Individual(s)	\$240	
Provides Goodwill gift cards to individuals in need of clothing.			
Head Start	44 Individual(s)	\$655,248	
Provides children 3 to 5 years of age and their families with early childhood education experiences and family support services. Income eligibility required.			
Heat Pump Program	43 Household(s)	\$128,450	
Pays for the cost and installation of one heat pump for eligible Maine homeowners to supplement the household's primary heating system.			
Home Buyer Education	31 Household(s)	\$993	
An 8-hour certified hoMEworks training course to help individuals make prudent home purchase decisions and access MaineHousing loan programs and down payment assistance.			
Home Energy Assistance Program	1,545 Household(s)	\$1,158,845	
Assists income-eligible households with home heating costs.			
Home Repair	3 Household(s)	\$41,889	
Provides grants and deferred or forgivable loans to repair primary residences for eligible families.	.,	, ,	
Housing Stability	11 Household(s)	\$11,669	
Helps individuals who are experiencing or at risk of homelessness to secure housing.			
Information, Support and Referrals	10 Individual(s)	\$3,722	
Provides one-time assistance to individuals needing basic information.			

Penquis provides health, human services and other support to low-income people throughout Knox, Penobscot and Piscataquis counties. During the past year, the following services were provided to residents:

SERVICE	NUMBER SERVED	(includes lev	•
Lead Inspection	2 Household(s)	\$56,940	
Identifies lead hazards in the home. Grants available for lead remediation for income-eligible families with children 6 years or younger.			
Maine Families	6 Individual(s)	\$12,099	
Provides information, support and encouragement to expectant parents and parents of babies and toddlers.			
Pre-purchase Counseling	1 Household(s)	\$96	
Helps potential homeowners create financial budgets to understand how much debt they can afford when purchasing a home and create an action plan to make their credit profile become more loan ready.			
Rental Counseling and Eviction Prevention	17 Household(s)	\$4,471	
This HUD certified counseling program assists renters who are having issues in finding alternatives to eviction, and in the case of needing housing, finding safe and affordable rental housing.			
Small/Micro Business Loans	2 Individual(s)	\$65,000	
Provides loans from \$500 up to \$200,000 to help businesses start, expand or meet financial needs.			
Substance Affected Youth	2 Individual(s)	\$9,150	
Provides youth activity groups, trauma-responsive support, recreational activities, and resource navigation to reduce isolation and build resilience in young people affected by someone else's opioid use.			
VITA Tax Preparation	5 Household(s)	\$205	
Provides tax preparation assistance for low-income individuals.			
Weatherization	4 Household(s)	\$66,747	
Applies weatherization techniques to eligible households to conserve energy.			
We've Got Your Back	54 Individual(s)	\$2,160	
Provides backpacks and school supplies for children in need.			
Whole Family Services	10 Individual(s)	\$10,599	
Supports families in strengthening skills and exploring educational and employment options.			
Winter Energy Relief (LD3)	333 Household(s)	\$224,271	
Provides a one-time assistance payment directly to energy vendors on behalf of income-eligible households.			

Total Value Of All Services \$6,186,704

^{*}A reported value of "0" indicates the service value cannot be directly quantified, or that the recipient may reside outside the listed location.

Totals for Knox County - 2023

Town Name	Total	
Appleton	\$130,114	
Camden	\$1,129,684	
Cushing	\$181,376	
Friendship	\$78,722	
Норе	\$68,970	
Isle au Haut	\$220	
Matinicus	\$1,100	
North Haven	\$1,232	
Other Misc. Towns (Knox)	\$114,715	
Owl's Head	\$69,178	
Rockland	\$1,365,620	
Rockport	\$1,359,587	
South Thomaston	\$115,559	
St. George	\$43,435	
Thomaston	\$514,578	
Union	\$147,155	
Vinalhaven	\$62,544	
Warren	\$663,168	
Washington	\$139,746	
	Grand Total \$6,186,704	

Knox Program/Town Information - 2023

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Program Name	Total Units Served	Unit Metric	Tota
Appleton			
Arrearage Management Program (AMP)	2	Household(s)	\$66
Central Heating Improvement Program	2	Household(s)	\$20,670
Community Investors of Knox County	1	Individual(s)	\$380
Emergency Rental Assistance - Covid (ERA Covid)	15	Individual(s)	\$4,995
Energy Crisis Intervention Program	4	Household(s)	\$3,151
Foreclosure Intervention Counseling	2	Household(s)	\$346
Good Neighbor Heating Assistance	1	Household(s)	\$337
Heat Pump Program	2	Household(s)	\$5,800
Home Energy Assistance Program	48	Household(s)	\$34,904
Maine Families	4	Individual(s)	\$8,066
Small/Micro Business Loans	1	Individual(s)	\$45,000
Winter Energy Relief (LD3)	8	Household(s)	\$6,400
			\$130,114
Camden			
Arrearage Management Program (AMP)	2	Household(s)	\$66
Assisted Living	24	Individual(s)	\$658,454

Program Name	Total Units Served	Unit Metric	Total
Central Heating Improvement Program	4	Household(s)	\$12,595
Certified Community Behavioral Health Clinic	4	Individual(s)	\$593
Community Investors of Knox County	1	Individual(s)	\$302
CSBG Case Management	1	Individual(s)	\$846
Early Head Start	4	Individual(s)	\$67,996
Emergency Rental Assistance - Covid (ERA Covid)	285	Individual(s)	\$199,355
Emergency Support Fund	2	Individual(s)	\$741
Energy Crisis Intervention Program	2	Household(s)	\$1,589
Foreclosure Intervention Counseling	1	Household(s)	\$173
Good Neighbor Heating Assistance	2	Household(s)	\$1,148
Head Start	1	Individual(s)	\$14,892
Heat Pump Program	2	Household(s)	\$5,575
Home Buyer Education	4	Household(s)	\$128
Home Energy Assistance Program	142	Household(s)	\$97,990
Housing Stability	1	Household(s)	\$1,061
Information, Support and Referrals	2	Individual(s)	\$744
Maine Families	2	Individual(s)	\$4,033

Program Name	Total Units Served	Unit Metric	Total
Rental Counseling and Eviction Prevention	2	Household(s)	\$526
VITA Tax Preparation	2	Household(s)	\$82
Weatherization	2	Household(s)	\$33,453
We've Got Your Back	3	Individual(s)	\$120
Winter Energy Relief (LD3)	35	Household(s)	\$27,221
			\$1,129,684
Cushing			
Arrearage Management Program (AMP)	3	Household(s)	\$99
Central Heating Improvement Program	1	Household(s)	\$12,200
Domestic Violence Intervention Program (DVIP)	5	Individual(s)	\$3,752
Early Head Start	1	Individual(s)	\$16,999
Emergency Rental Assistance - Covid (ERA Covid)	28	Individual(s)	\$19,737
Energy Crisis Intervention Program	8	Household(s)	\$5,118
Foreclosure Intervention Counseling	3	Household(s)	\$519
Good Neighbor Heating Assistance	3	Household(s)	\$1,704
Heat Pump Program	3	Household(s)	\$9,600
Home Buyer Education	1	Household(s)	\$32
Home Energy Assistance Program	69	Household(s)	\$54,693

Program Name	Total Units Served	Unit Metric	Total
Home Repair	2	Household(s)	\$15,389
Weatherization	2	Household(s)	\$33,294
We've Got Your Back	6	Individual(s)	\$240
Winter Energy Relief (LD3)	10	Household(s)	\$8,000
			\$181,376
Friendship			
Arrearage Management Program (AMP)	1	Household(s)	\$33
Community Investors of Knox County	1	Individual(s)	\$500
CSBG Case Management	3	Individual(s)	\$2,539
Domestic Violence Intervention Program (DVIP)	2	Individual(s)	\$1,501
Emergency Rental Assistance - Covid (ERA Covid)	20	Individual(s)	\$6,055
Energy Crisis Intervention Program	3	Household(s)	\$2,330
Good Neighbor Heating Assistance	2	Household(s)	\$1,116
Head Start	2	Individual(s)	\$29,784
Heat Pump Program	1	Household(s)	\$2,900
Home Buyer Education	1	Household(s)	\$32
Home Energy Assistance Program	39	Household(s)	\$27,852
We've Got Your Back	2	Individual(s)	\$80

Town

Total Units Served	Program Name	Unit Metric	Total
5	Vinter Energy Relief (LD3)	Household(s)	\$4,000
			\$78,722
	ope		
1	ssurance 16	Household(s)	\$3,971
1	child and Adult Care Food Program	Individual(s)	\$7,513
d 27	mergency Rental Assistance - Covid ERA Covid)	Individual(s)	\$14,355
1	mergency Support Fund	Individual(s)	\$525
4	nergy Crisis Intervention Program	Household(s)	\$2,823
1	Good Neighbor Heating Assistance	Household(s)	\$1,057
1	leat Pump Program	Household(s)	\$3,025
47	lome Energy Assistance Program	Household(s)	\$31,604
1	re-purchase Counseling	Household(s)	\$96
5	Vinter Energy Relief (LD3)	Household(s)	\$4,000
			\$68,970
	le au Haut		
1	lome Energy Assistance Program	Household(s)	\$220
			\$220
	atinicus		
1	lome Energy Assistance Program	Household(s)	\$1,100
	lome Energy Assistance Program		\$

Town

Program Name	Total Units Served	Unit Metric	Tota
			\$1,100
North Haven			
Home Energy Assistance Program	2	Household(s)	\$1,232
			\$1,232
Other Misc. Towns (
Arrearage Management Program (AMP)	1	Household(s)	\$33
Assurance 16	1	Household(s)	\$3,971
Certified Community Behavioral Health Clinic	1	Individual(s)	\$148
Child and Adult Care Food Program	1	Individual(s)	\$7,513
CSBG Case Management	1	Individual(s)	\$846
Domestic Violence Intervention Program (DVIP)	2	Individual(s)	\$1,501
Emergency Rental Assistance - Covid (ERA Covid)	21	Individual(s)	\$15,992
Energy Crisis Intervention Program	4	Household(s)	\$2,178
Good Neighbor Heating Assistance	1	Household(s)	\$795
Head Start	1	Individual(s)	\$14,892
Heat Pump Program	3	Household(s)	\$9,200
Home Buyer Education	1	Household(s)	\$32
Home Energy Assistance Program	65	Household(s)	\$51,973
We've Got Your Back	1	Individual(s)	\$40

Program Name	Total Units Served	Unit Metric	Total
Winter Energy Relief (LD3)	7	Household(s)	\$5,600
			\$114,715
Owl's Head			
Arrearage Management Program (AMP)	1	Household(s)	\$33
Certified Community Behavioral Health Clinic	1	Individual(s)	\$148
Child and Adult Care Food Program	1	Individual(s)	\$7,513
Community Investors of Knox County	1	Individual(s)	\$330
Domestic Violence Intervention Program (DVIP)	1	Individual(s)	\$750
Energy Crisis Intervention Program	1	Household(s)	\$799
Foreclosure Intervention Counseling	1	Household(s)	\$173
Head Start	1	Individual(s)	\$14,892
Heat Pump Program	2	Household(s)	\$6,500
Home Buyer Education	2	Household(s)	\$64
Home Energy Assistance Program	47	Household(s)	\$32,375
Winter Energy Relief (LD3)	7	Household(s)	\$5,600
			\$69,178
Rockland			
Arrearage Management Program (AMP)	6	Household(s)	\$198
Assurance 16	2	Household(s)	\$7,942

Program Name	Total Units Served	Unit Metric	Total
Behavioral Health Home (BHH)	1	Individual(s)	\$3,237
Building Family Futures Case Management	3	Individual(s)	\$1,117
Central Heating Improvement Program	9	Household(s)	\$12,161
Certified Community Behavioral Health Clinic	4	Individual(s)	\$593
Child and Adult Care Food Program	2	Individual(s)	\$15,026
Christmas is for Kids	4	Individual(s)	\$400
Community Investors of Knox County	18	Individual(s)	\$9,660
CSBG Case Management	14	Individual(s)	\$11,850
Domestic Violence Intervention Program (DVIP)	9	Individual(s)	\$6,754
Early Head Start	5	Individual(s)	\$84,995
Emergency Rental Assistance - Covid (ERA Covid)	976	Individual(s)	\$417,960
Energy Crisis Intervention Program	28	Household(s)	\$20,883
Financial Coaching	39	Household(s)	\$3,486
Foreclosure Intervention Counseling	2	Household(s)	\$346
Good Neighbor Heating Assistance	4	Household(s)	\$2,460
Goodwill Gift Cards	4	Individual(s)	\$80
Head Start	19	Individual(s)	\$282,948

Program Name	Total Units Served	Unit Metric	Tota
Heat Pump Program	9	Household(s)	\$27,075
Home Buyer Education	7	Household(s)	\$224
Home Energy Assistance Program	431	Household(s)	\$339,141
Home Repair	1	Household(s)	\$26,500
Housing Stability	2	Household(s)	\$2,122
Information, Support and Referrals	2	Individual(s)	\$744
Rental Counseling and Eviction Prevention	2	Household(s)	\$526
Substance Affected Youth	2	Individual(s)	\$9,150
We've Got Your Back	23	Individual(s)	\$920
Whole Family Services	10	Individual(s)	\$10,599
Winter Energy Relief (LD3)	126	Household(s)	\$66,524
			\$1,365,620
Rockport			
Arrearage Management Program (AMP)	1	Household(s)	\$33
Assurance 16	1	Household(s)	\$3,971
Certified Community Behavioral Health Clinic	1	Individual(s)	\$148
Child and Adult Care Food Program	2	Individual(s)	\$15,026
Community Investors of Knox County	12	Individual(s)	\$6,973

Program Name	Total Units Served	Unit Metric	Total
CSBG Case Management	5	Individual(s)	\$4,232
Emergency Rental Assistance - Covid (ERA Covid)	303	Individual(s)	\$1,221,513
Emergency Support Fund	1	Individual(s)	\$600
Energy Crisis Intervention Program	2	Household(s)	\$1,600
Good Neighbor Heating Assistance	3	Household(s)	\$2,187
Goodwill Gift Cards	2	Individual(s)	\$40
Head Start	1	Individual(s)	\$14,892
Heat Pump Program	5	Household(s)	\$15,975
Home Buyer Education	5	Household(s)	\$160
Home Energy Assistance Program	69	Household(s)	\$50,942
Housing Stability	4	Household(s)	\$4,243
Information, Support and Referrals	3	Individual(s)	\$1,117
Rental Counseling and Eviction Prevention	11	Household(s)	\$2,893
VITA Tax Preparation	1	Household(s)	\$41
We've Got Your Back	5	Individual(s)	\$200
Winter Energy Relief (LD3)	16	Household(s)	\$12,800
			\$1,359,587

South Thomaston

Program Name	Total Units Served	Unit Metric	Total
Arrearage Management Program (AMP)	2	Household(s)	\$66
Assurance 16	1	Household(s)	\$3,971
Community Investors of Knox County	1	Individual(s)	\$500
Emergency Rental Assistance - Covid (ERA Covid)	21	Individual(s)	\$4,686
Energy Crisis Intervention Program	6	Household(s)	\$4,502
Foreclosure Intervention Counseling	2	Household(s)	\$346
Good Neighbor Heating Assistance	2	Household(s)	\$1,201
Head Start	4	Individual(s)	\$59,568
Home Buyer Education	2	Household(s)	\$64
Home Energy Assistance Program	42	Household(s)	\$35,055
Winter Energy Relief (LD3)	8	Household(s)	\$5,600
			\$115,559
St. George			
Arrearage Management Program (AMP)	1	Household(s)	\$33
Emergency Rental Assistance - Covid (ERA Covid)	25	Individual(s)	\$22,932
Energy Crisis Intervention Program	2	Household(s)	\$1,598
Foreclosure Intervention Counseling	2	Household(s)	\$346
Home Buyer Education	1	Household(s)	\$32

Program Name	Total Units Served	Unit Metric	Tota
Home Energy Assistance Program	22	Household(s)	\$16,894
Winter Energy Relief (LD3)	2	Household(s)	\$1,600
			\$43,435
Thomaston			
Brokerage	1	Individual(s)	\$77
Central Heating Improvement Program	2	Household(s)	\$872
Community Investors of Knox County	6	Individual(s)	\$2,935
CSBG Case Management	8	Individual(s)	\$6,771
Domestic Violence Intervention Program (DVIP)	2	Individual(s)	\$1,501
Early Head Start	3	Individual(s)	\$50,997
Emergency Rental Assistance - Covid (ERA Covid)	220	Individual(s)	\$118,345
Energy Crisis Intervention Program	5	Household(s)	\$3,395
Foreclosure Intervention Counseling	1	Household(s)	\$173
Goodwill Gift Cards	3	Individual(s)	\$60
Head Start	13	Individual(s)	\$193,596
Heat Pump Program	2	Household(s)	\$5,400
Home Buyer Education	1	Household(s)	\$32
Home Energy Assistance Program	132	Household(s)	\$92,957

Program Name	Total Units Served	Unit Metric	Total
Rental Counseling and Eviction Prevention	1	Household(s)	\$263
Small/Micro Business Loans	1	Individual(s)	\$20,000
VITA Tax Preparation	2	Household(s)	\$82
We've Got Your Back	7	Individual(s)	\$280
Winter Energy Relief (LD3)	24	Household(s)	\$16,842
			\$514,578
Union			
Arrearage Management Program (AMP)	4	Household(s)	\$132
Assurance 16	2	Household(s)	\$7,942
Central Heating Improvement Program	2	Household(s)	\$8,809
Community Investors of Knox County	3	Individual(s)	\$1,184
Emergency Rental Assistance - Covid (ERA Covid)	63	Individual(s)	\$40,220
Energy Crisis Intervention Program	11	Household(s)	\$9,779
Heat Pump Program	5	Household(s)	\$14,800
Home Buyer Education	2	Household(s)	\$64
Home Energy Assistance Program	79	Household(s)	\$59,403
Winter Energy Relief (LD3)	7	Household(s)	\$4,821
-			\$147,155

Vinalhaven

Program Name	Total Units Served	Unit Metric	Total
Child and Adult Care Food Program	1	Individual(s)	\$7,513
Christmas is for Kids	3	Individual(s)	\$300
Emergency Rental Assistance - Covid (ERA Covid)	4	Individual(s)	\$4,156
Foreclosure Intervention Counseling	1	Household(s)	\$173
Good Neighbor Heating Assistance	1	Household(s)	\$496
Home Buyer Education	2	Household(s)	\$64
Home Energy Assistance Program	36	Household(s)	\$24,179
Winter Energy Relief (LD3)	35	Household(s)	\$25,663
			\$62,544
Warren			
Arrearage Management Program (AMP)	10	Household(s)	\$330
Central Heating Improvement Program	3	Household(s)	\$15,886
Certified Community Behavioral Health Clinic	1	Individual(s)	\$148
Child and Adult Care Food Program	3	Individual(s)	\$22,539
Community Investors of Knox County	5	Individual(s)	\$3,105
CSBG Case Management	2	Individual(s)	\$1,693
Domestic Violence Intervention Program (DVIP)	1	Individual(s)	\$750
Early Head Start	3	Individual(s)	\$50,997

Program Name	Total Units Served	Unit Metric	Total
Emergency Rental Assistance - Covid (ERA Covid)	324	Individual(s)	\$291,936
Energy Crisis Intervention Program	35	Household(s)	\$26,418
Financial Coaching	152	Household(s)	\$13,585
Foreclosure Intervention Counseling	6	Household(s)	\$1,038
Good Neighbor Heating Assistance	6	Household(s)	\$3,406
Goodwill Gift Cards	3	Individual(s)	\$60
Head Start	1	Individual(s)	\$14,892
Heat Pump Program	5	Household(s)	\$14,475
Home Energy Assistance Program	193	Household(s)	\$148,096
Housing Stability	4	Household(s)	\$4,243
Information, Support and Referrals	3	Individual(s)	\$1,117
Lead Inspection	1	Household(s)	\$23,150
Rental Counseling and Eviction Prevention	1	Household(s)	\$263
We've Got Your Back	6	Individual(s)	\$240
Winter Energy Relief (LD3)	31	Household(s)	\$24,800
			\$663,168
Washington			
Arrearage Management Program (AMP)	3	Household(s)	\$99

Program Name	Total Units Served	Unit Metric	Total
Central Heating Improvement Program	1	Household(s)	\$5,161
Child and Adult Care Food Program	1	Individual(s)	\$7,513
Community Investors of Knox County	1	Individual(s)	\$500
Domestic Violence Intervention Program (DVIP)	1	Individual(s)	\$750
Energy Crisis Intervention Program	5	Household(s)	\$3,890
Foreclosure Intervention Counseling	2	Household(s)	\$346
Good Neighbor Heating Assistance	3	Household(s)	\$1,539
Head Start	1	Individual(s)	\$14,892
Heat Pump Program	3	Household(s)	\$8,125
Home Buyer Education	2	Household(s)	\$64
Home Energy Assistance Program	80	Household(s)	\$58,235
Lead Inspection	1	Household(s)	\$33,790
We've Got Your Back	1	Individual(s)	\$40
Winter Energy Relief (LD3)	7	Household(s)	\$4,800
			\$139,746
		Grand Total	\$6,186,704